



The Spiritual Feng Shui™  
Improve your life the natural way

# The Spiritual Feng Shui™ newsletter

Issue No.6,  
May 2007

**Happily ever after** – is it possible? (Continued...)

Feng Shui Obstacle Course

Also...

Feng Shui Tip  
Inspirational Quotes





Dear Friend,

Welcome to The Spiritual Feng Shui newsletter for May 2007; we are glad to have your company once again! This month, we continue our interview with my parents. January 29th, 2007 was my parents' golden wedding anniversary. I went back to China to celebrate with our family, relatives, friends, colleagues, and even neighbors. You can find their wedding photo on the cover page. At page 3 – 50 years later. They have been happily married for five decades and their relationship is still going strong. How they achieve that? My mom will tell you.

In our Q&A, we look at several stumbling blocks you might face in your Feng Shui journey, and how to leap them gracefully. We also have inspirational quotes and a Feng Shui tip, as usual. May peace and harmony reign for you in May.

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Enjoy

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Feature Article:

## Happily ever after - is it possible? (Continued...)

Love, like so many other things in our lives, is a skill that has to be learnt to work properly. Just to make it even more challenging for you also, once you've learnt it, life will find a hundred little ways to make you take refresher courses on it! And you thought you were out of trouble once you left high school...! In the last issue of the newsletter, we had the beginning of an interview with my parents about how learning a system for living like Feng Shui, has helped them to build a successful marriage that has so far lasted for fifty years of health and happiness. They tell us about issues integral to love like fighting, expectations and fun ... and how they actually relate to Feng Shui. I'd love for the wisdom of my parents, which was acquired the hard way, to be a help to somebody else in their journey to happy love! If you missed the last issue of the newsletter and you'd like a bit more of the background, just go to

<http://www.thespiritualfengshui.com/newsletter/0704.pdf>.





Mike: “Do you ever fight, or did you used to?”

Mom: “Sure, we fight over things both big and small. But we never intend to hurt the other in our fights. We just have different opinions on what is good for the family and others. For example, when we moved into our new home, we fought long and hard about how to arrange things. I wanted to put lots of plants, including small trees in front of the south facing floor windows. On the contrary, your dad wanted to have two love seats there so we can enjoy more sunshine. After several rounds of back and forth, we found a common ground, we built a wooden frame for a vine to grow around the window, and placed two love seats in the middle. By doing so, we get sunshine, green plants and everyone is happy.”

Mike: “What do you do when you don’t meet each other’s expectations?”

Mom: “Find common ground and compromise. After so many decades of marriage, we know each other’s personality and limits very well. Once we set up the boundaries, the rest seems to be quite easy. For example, your dad loves sweet foods and he is very picky about other foods - especially vegetables. Even though I love eating vegetables and fresh foods, I never put myself on a higher moral ground and criticize your dad. I know an ideal partner should eat healthily and not be picky - but I also know I am not ideal either, and have plenty of flaws. So I spend quite some time doing research, finding out what kind of food your dad likes and are also good for his health. After a long time, I’ve developed a set of menus which are quite delicious to your dad’s standard and yet healthy to my standard.”

Mike: “How do you focus on having fun, without getting caught up in day-to-day stuff?”

Mom: “You can’t always avoid being caught up in day-to-day stuff when you’ve lived together for so long. But every problem we encountered and managed to overcome will eventually become fun stuff. I can tell you so many stories of how we fought for ages over small things until someone backed up - usually your dad. Then we decide to put heated issues aside and only come back to review it after we both have cooled down. But often we forget to do so! Even if we can still remember what made us fight, we still laugh about how silly we were over such small things.

As we grow older, our wisdom has grown also. Your dad has myopia - he always says that he rarely notice other’s flaws because of his poor eye sight. He also claims that he is too old now to remember we even had fights, let alone what about, so he rarely gets caught up in daily stuff.”





You can see, that one of the biggest course components in *Loving Properly 101* is about remembering that you love someone, even when you disagree with them, and accepting that there are different solutions to problems and ways of life that are just as valid for all that they are different. Feng Shui is also about working with what you have, realizing that there is more than one solution to every problem, and there is hardly ever a solution that is right no matter what! If you are wondering how exactly this relates to Feng Shui, read our Q&A on alternate solutions to problems.





### Q&A: But I can't! But I don't! But I just shouldn't!

The Feng Shui remedies you have suggested are just not possible for me! How do I achieve great energy flow with a difficult house shape, kids, or a limited budget?

We often hear from people who for one reason or another are having trouble fitting the recommended remedies into their house. Just like my parents, who create their own happiness by just finding ways to make things work, you can find ways to create good energy flow in your house without following the rules strictly and to the letter. There are no cross teachers here waiting for you to color outside the lines so they can yell! Here are some common problems and how to get around them.

#### **My house is missing a gua. Does this mean I will never have any love/ money/ family/ creativity?**



Definitely not! Missing guas are a challenge to your Feng Shui efforts, but can be worked around. If you are missing a gua it is probably one of the corner guas – love, wealth, knowledge and mentors – due to the normal shapes of people's houses. To get around this problem, enhance the area where the gua would be. If it is outside, place **potted plants or a loveseat** in the area, to bring energy to this gua. Or you can also enhance that corner of every room – place **fresh flowers** in that corner daily, or a **stand with a lamp**, or something else that you use frequently.

#### **I have kids and they constantly run around cluttering up the house!**

Yes, kids are a challenge and a half! Especially if you are trying to keep your house clutter free, to have a clean base for your efforts to work from. If you have a bunch of little monsters constantly running around, first **be thankful!** They bring great energy and life everywhere they go, which is excellent for your Feng Shui. If they are making too much mess though, **get some outside toys.** Perhaps a shallow swimming pool, or a swing set, or a sandbox, depending on their ages. You could also **pack most of their toys away**, and get out a different box of them every fortnight, so that there is a minimum of toys to make a mess with.

#### **I don't have the money to implement all these cures!**

When we are talking about cures, **look at the general principle, and think about how you can do it cheaply.** For example, to add some red or pink to your bedroom, painting a feature wall is a great solution, but costs a lot. Simply picking fresh red or pink flowers and putting them in a jar in your room works as well.



If you grow them yourself on a window they cost even less, and bring you good energy for much longer. Or you can get red or pink candles, red or pink pillowslips for a couple of dollars each, or have your kids do some drawings in red or pink colors and put them up on the walls. In Feng Shui, in love, and in life, there is always another solution – luckily!





**Feng Shui Tip:**

**Child's Play**

Do you have kids, or know kids, who are constantly making things ... far too many to keep, let alone display? These pieces can be great for your Feng Shui, especially enhancing your Creativity gua. Try giving your kids, or those you know, some 'special' things to draw and create with – for example, a huge range of colored pencils, glitter, pom poms and sparkles, pipe cleaners and scraps of fabric, so they can make something really involved and special, Color coordinate the materials to what you want to achieve for the room, and voila! Cheap, instant art and great Chi.





## Inspirational Quotes:

Poetry is a mirror which makes  
Beautiful that which is distorted.

~ **Percy Shelley**

Millions and millions of years would  
still not give me half enough time to  
describe that tiny instant of all eternity  
when you put your arms around me  
and I put my arms around you.

~ **Jacques Prévert**

If you don't think every day is a good  
day, just try missing one.

~ **Cavett Robert**