

The Spiritual Feng Shui newsletter
Issue 23
November 2008

Feng Shui Everyday

Toilet Terrors and Knife No-no's

Also:

Feng Shui Tip
Inspirational Quotes

Dear Friend,

Welcome to The Spiritual Feng Shui newsletter for November 2008; it is good to have your company, as always! You don't need a six-figure income to practice Feng Shui - how you use what you already have can make ten times the difference that anything you buy makes. We look at how to incorporate everyday objects into your Feng Shui practice. We also look at the flip side of the coin - when everyday objects harm your home's Chi, and what you can do about it. We have inspirational quotes and a quick Feng Shui tip for the time-challenged. May peace and harmony reign for you in November.

- 0x Feature Article: Feng Shui Everyday
- How photos, loose coins and newspapers could change your life.
- 0x Q&A: Toilet Terrors and Knife No-no's
- Offsetting common negative influences in the home.
- 0x Feng Shui Tip
- A Light In The Black
- 0x Inspirational Quotes

Enjoy!

Mike Z. Wang
Author of *The Spiritual Feng Shui*

Thespiritualfengshui.com
Unit 616, 220 Lake Promenade,
Toronto, Ontario,
Canada, m8w1a9

Main Article: Feng Shui Everyday

If you are like many readers of our newsletter and website, you may sometimes feel like your wallet is a little empty to focus on Feng Shui this month ... and that is just not true! Before you rush to your purse to see if somebody left you an unexpected inheritance, I actually mean that much Feng Shui practice does not require money, nor does it require shopping or researching. You have the makings of many Feng Shui enhancements stashed away in your drawers, cupboards and garages, just wasting away in the dark! Poor little things ☺

Other Feng Shui enhancements are already in your home, in plain view, but possibly not contributing as much to your happiness and wellbeing as they could, due to improper placement. Items like your loose change, your bank statements, your family photos, your kids' artwork, your diplomas, degrees or certifications, and the tools of your trade are all Feng Shui enhancements ... in the right place! So, if you want to enhance a particular area of your life, here are the tools you already have to help!

A Thriving Career

If you aren't happy at work, you can stop phoning in bomb threats to get out of work ... try enhancing your Career Gua instead! Your Career Gua is located in the middle square of the bottom row - the middle area of the house, along the wall that the front door is on. Everyday items like:

- photos of yourself,
- your degrees and diplomas, or any other certificates from work-related learning, and
- Your pens

All contribute to the health of your Career Gua. If you want to change jobs or careers, look for newspaper or magazine articles about specific occupations you would like to be engaged in. Also look for articles about companies you would like to work for, and place them either in your Career Gua, or the Career power spot in your home office, computer room, or work area. Use a good, bright lamp at the computer or work area, and make sure your pens are actually writing, not stuttering and suffering!

A Lovey Dovey Love-Life

Your personal relationships are one of the areas that can most readily benefit from good energy flow. You can use everyday items to enhance your Love and Relationships Gua, which is the top right square of your Bagua map. This Gua is also affected by spaces like the bedroom, your favourite communal areas, and your favourite leisure spot in the home.

Put photos of yourself and your partner together in happy times up in these areas to give you both that gooey feeling inside! Wedding pictures and wedding gifts should be in one of these areas - put them on display, don't hide them away. Alternatively, you can place them in the power spot for love and relationships in another room, if your Love and relationships Gua happens to be a storage area or bathroom. If you have any special gifts or notes from friends or lovers, put them up in these areas also.

Money, Money, Money

Your Wealth and Prosperity area is in the top right corner of your Bagua map, and is another area where everyday enhancers come thick and fast, like bugs in June! If you want to attract more wealth to your home, this is the area you should put your jewelry box and jewelry (on display if possible), your spare change, your wallet and your financial documents. Your desk, the place where you pay your bills, and your computer area all relate to your Wealth and Prosperity energy also. If you have an aquarium in the house, place it in one of these areas, or in the power spot of the room it currently occupies, for best effect. The power spot is the top-left corner of the room, correlating to the Gua's position on the Bagua map.

The Joy of Life

Your Children Gua is also your Creativity Gua, and can make a huge impact on your life even if you don't want any (or any more!) children. This is the rightmost area of the middle row, as well as your children's bedrooms, your library, sewing or music room, and the kitchen. The power spot is the rightmost part of the middle row of each room, and in fact the right hand side of every room is related to creativity, growth, renewal and birth. You can enhance it with everyday objects such as:

- Books, toys, dolls and craft materials for your kids.
- Children's artwork and schoolwork. Don't just stick that hundredth painting of Mommy, Daddy and the brothers and sisters in the recycle - display it, and your whole family can reap the Chi rewards.
- Anything that you use to make things. Some examples include sewing materials, cross-stitches, musical instruments, paints or easels, woodworking materials, even a computer if that is where you do your most creative work!
- Anything fun or whimsical belongs here. Don't put it away because it doesn't fit in with your serious image. Remember that your home is for you, not your visitors.

Once you develop an eye for everyday Feng Shui enhancements, and where they should best be placed, then you have truly turned an interest or hobby into a way of life. This is when you will see your best results, also!

Q&A: I hear about so many things that are harmful to my home's Chi, like the toilet, dirty dishes, mirrors and knives. Since these are all necessary in my home, how do I overcome their 'negative' energy?

Someone may have told you at one stage that everything in nature has a place. There's a time to reap and a time to sow, a time to live and a time to die ... and there is also a time to use knives and go to the toilet! These objects have very specific, and sometimes very harmful energy - but their energy can also be very useful. Here's how to make the water closet an integral part of your Feng Shui practice!

Regarding the toilet, it is true that this item can 'suck' a lot of energy into itself, and flush it away from the home. If you are remodelling and have a choice of toilet, choose one that is quieter and more water-efficient. You can also place a convex mirror above the toilet to help reflect any energy that is heading for it. However, the simplest and most effective way to help offset the toilet's effect is to keep the lid closed at all times. If you have a toilet separate to your bathroom, always keep the door closed. If they are combined, however, you will still need to open the door to the bathroom, to help Chi flow to whatever Gua it happens to be in.

Additionally, make sure that mirrors don't reflect the toilet, and simply make sure that the area is an otherwise nice place to be. Keep it spotless and clutter free, and keep aromatic salts, candles or soaps around to create a pleasant atmosphere.

Knives are another household item which can sometimes be harmful. They have quite a sharp, cutting energy, and can damage the positive effects of items like the stove. Keep knives away from the stove in a wooden block, and keep the block well away from the stove. Try not to use knives or swords as decorative items - if they have sentimental value, pop them somewhere that is safe, but not on view. A garage is a good place - and also keeps other family members safe!

Dirty dishes are a form of clutter, but unless we don't eat, they are constantly around. Offset their effect by rinsing them and stacking them neatly as you finish with a dish. If you have a dishwasher, stack them in there as you finish with them, so that they are out of view. Also, try not to leave pots and pans that are full of water soaking on stoves. This dampens the warmth and fire energy of the stove, making your home a chillier, lonelier and less wealthy place to live!

Mirrors are a two-edged sword in Feng Shui. They can be extremely useful, countering blank walls, making areas appear larger, and deflecting energy. If a mirror reflects something unpleasant or negative, though, it doubles that energy in your home. Don't place mirrors in the bathroom so that they reflect the toilet, nor should you have a mirror reflecting the kitchen sink. If they reflect something outside, try to make it your own yard - so that the contents are under your control! Try not to have mirrors in the bedroom, and certainly not facing your bed. They will disrupt you while you are trying to sleep - even worse than a new baby!

You can see, that there is a place for everything in life - we need knives, mirrors, dishes and toilets in our homes. They can become a neutral, or even positive part of your home's energy, with just a little forethought.

Feng Shui Tip: A Light In The Black

Lights and lamps are some of the objects that we use every day, without really thinking about their effect on our energy. Many main lights are a simple bulb in the middle of the room, which is practical but often ineffective ... and plain boring! Make lamps a part of your life at home - they can be placed in corners to improve Chi flow, can have their shades replaced to suit different color schemes, and can draw energy to wherever they are placed. Check out you local second-hand shop and fabric store, for some inexpensive and personalized lamps!

Inspirational Quote:

Man is still the most extraordinary computer of all. ~John F. Kennedy

Laughter is the shortest distance between two people. ~Victor Borge

You can out-distance that which is running after you, but not what is running inside you. ~Rwandan Proverb