

The Spiritual Feng Shui newsletter  
Issue 27  
March 2009

She's Got The Power!

Furniture Fixes

Also:

Feng Shui Tip  
Inspirational Quotes

Dear Friend,

Welcome to The Spiritual Feng Shui newsletter for March 2009; it is good to have your company, as always! This month we go back to some theoretical basics, looking at power spots. These are a simple, but relatively advanced idea in many people's Feng Shui practice, and we look at easy ways to utilize them. We also jump one of the most common hurdles with power spots - a great hulking piece of furniture, right where you want to put an enhancement! There is a quick Feng Shui tip for the time-challenged, and inspirational quotes. May peace and harmony reign for you in March!

- 0x Feature Article: She's Got The Power!  
- Power spots are a basic concept, but are under-utilized in most homes. We look at how to incorporate them into your practice.
  
- 0x Q&A: Furniture Fixes  
How can you get around giant lumps of hard-to-move furniture, to get to your power spots?
  
- 0x Feng Shui Tip  
– No Excuses Now!
  
- 0x Inspirational Quotes

Enjoy!

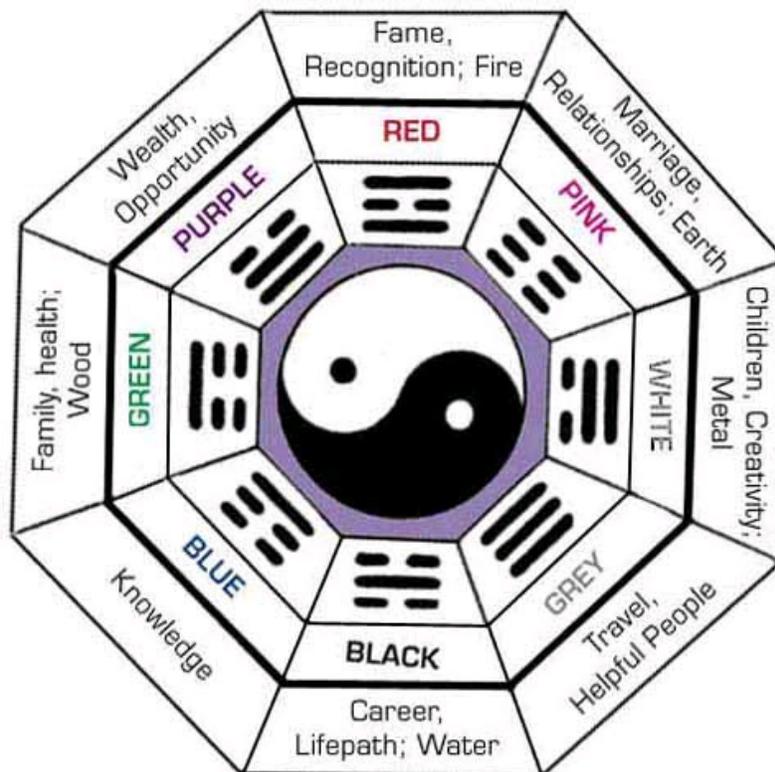
Mike Z. Wang  
Author of *The Spiritual Feng Shui*

Thespiritualfengshui.com  
Unit 616, 220 Lake Promenade,  
Toronto, Ontario,  
Canada, m8w1a9

## Main Article: She's Got The Power!

If you have lived more than fifteen or so years in this world, you have probably discovered the truths are never black and white ... they are always shades of grey. There is no 'right' person and 'wrong' person in arguments with your spouse ... your mother in law actually has good intentions under all of that meddling ... and your boss hassles you because he wants to keep his job, and see the company survive and prosper, not only because he is a grumpy old so and so! This is also the case with Feng Shui, and especially with the Bagua. The Bagua is not simply a neatly and precisely defined, nine-section square that you overlay onto your house. You will have found this out if you have placed your own Bagua map! It works on both larger and smaller levels than this, and one of the most important alternative ways that the Bagua is used is to locate power spots within your home and property.

Regular readers of the newsletter will already have some idea of which rooms in their house relate to which Guas. However, most people don't realize that the Bagua is as applicable to smaller spaces as it is to your whole house - and also to larger spaces! You can overlay the Bagua map on your entire property, to include areas like your backyard, your front yard, the sidewalk in front of your house, and your driveway. You can also shrink it down - this is how you find your power spots. Overlay the Bagua map on a single room and you will find the power spot for that room. Use the map given below, and remember that the bottom of the map will always line up with the wall that includes the door. If a room includes more than one door, line the bottom up with the most often-used door. You can also overlay the Bagua map on areas like your desk, your bed, your kitchen benches, and your front or back patios.



You might have even got as far as enhancing some power spots if there is a particular area of your life (finances, relationships, career, children etc) that you want your Feng Shui practice to benefit most. If you have refined your practice this far, you can most likely testify to a power spot's ... power! If you place specific enhancements (photos, artwork, items made of a particular element, fish tanks or water features) in the power spot for a Gua you double its efficacy.

All of you will have different aims for your Feng Shui practice, and different homes to start with. This makes it a little more difficult to make a definitive list of enhancements for your power spots! However, if you want to bring energy to an area, there are some good, general items that are almost always effective.

*Fish Tanks:* Place fish tanks in the power spot for your problem Gua, in whichever room that spot is free. The living energy of the fish is great for all Guas - the fact that the little critters are swimming around in water makes them especially suitable as enhancements for the Finance Gua or the Career Gua. Just make sure you change the water regularly to stop it becoming stagnant, or it will have the opposite effect on your career and bank balance!

*Candles:* The flickering of candles is a great way to put a 'spark' back into many areas of your life! It is especially good for your reputation and fame Gua, and when you are trying to put the spark of learning into your education and knowledge Gua. Great for school-aged children's rooms - as long as they are old enough for fire safety!

*Water Features:* Use water features in a power spot for your problem Gua to cleanse the energy, and help areas like your career, and your finances. Money is something that needs to be given out as well as collected, and the flow of a water feature is a wonderful representation of this process. This helps money come in, as well as going out on the bills that are as inevitable as death and taxes! However, water features are not good enhancements for creativity/fertility power spots (rightmost square of the middle row), where water is an incompatible element.

*Green plants and flowers:* They not only bring beautiful scents and natural vibrancy into your home, but exude actual oxygen, complementing your own breathing. These are especially good enhancements for power spots when you are trying to improve your family life (place them in the leftmost square of the middle row). Try not to place plants in the power spot for career and success (the middle square of the bottom row), or education and knowledge (bottom left square) - wood is an exhausting force for these areas.

*Mirrors:* Mirrors both collect energy (with the moving reflections they hold), and redistribute it throughout the room. They are great for entrance areas that immediately face a wall, and you can place them in the power spots in your bedroom and bathroom that relate to your career Gua. Mirrored ornaments are also good enhancements for the centres of rooms, where the power spot for your health Gua is located. Your body needs this collection and redistribution of energy to function well ... in fact, that process is pretty much the basis of life!

*Q&A: I am trying to improve my marriage using Feng Shui, and would love to be able to utilize the power spots in my house - but they are always filled with furniture! How do I get around this problem?*

When you get far enough in your Feng Shui practice to look at the power spots in your home, this is often the first stumbling block on the road. Ouch! Who put that there?! However, as long as there is a will to enhance, there is a way.

Your love and relationships Gua is one of the most common ones for this question to relate to - in fact, all of the squares in the top row of the Bagua often have furniture in them. All of the squares in the bottom row can be similarly hard to enhance, because in every room of your house, one of them will contain a doorway which needs to be kept clear. These are not mortal wounds to a dying Feng Shui practice, though! They are challenges that will enhance your understanding of your home and your flexibility.

If there is furniture in one or more of your power spots, the first obvious solution is to enhance that spot in rooms in which there is nothing there. Simple! Also, remember that it is not just individual rooms in your house that have power spots, but also desks, kitchen tables, kitchen benches, back patios, front porches, and just about any contained area. If you are having trouble with the top-right corners of rooms, put enhancements in the top-right corner of your desk and also of your kitchen bench. If you have a mirror and dressing table in your room, place enhancement in the power spot there also. Remember that power spots that are located in the Gua you are trying to improve are especially potent - so put career enhancements in the power spot for career on your desk, and enhancements for your health in the centre of your bathroom and kitchen, and enhancements for your love life in the top-right corner of your dressing table located in your bedroom!

If you are having trouble with placing power spots enhancements in the bottom row because of the positions of doorways in your home, look upwards for inspiration! Even if you aren't given to prayer, the answer lies above ... use your roof as a plane for enhancement! Screw hooks into the ceiling to hold artworks and sculptures, and even photos. Crystals are another excellent enhancement that can easily be placed on roof, as are wind chimes and music makers.

If furniture is getting in the way of your power spot enhancements, why not enhance the furniture itself? Change the color of bedspreads and couch covers to better accord with your Feng Shui goals. You can paint or stain wardrobes and cabinets, or replace them with different versions in elements that your house may be lacking. So you could change a wood desk for a metal one, or a marble kitchen bench for a polished wood one. If you need to, you could also use more Yin or more Yang enhancements on furniture, rather than moving it to place something new.

If windows are in the way of your power spot enhancements, because you don't want to block them off, you can either change the color or patterning of curtains, or repaint the frame and the rest of the room's trim to help improve the power spot in which they are located. There is also great potential for sun-catchers, wind chimes and refractive crystals in front of windows. When it comes to power spots, windows are always a help, never a hindrance!

***Tip: No Excuses Now!***

One of the most fundamental rules of a Feng Shui practice is that clutter must be removed before you can start changing your surroundings and adding enhancements. However, if you've been practicing Feng Shui long enough, you'll start to find that previously useful enhancements are actually becoming clutter themselves.

Don't become stuck in the past with your enhancements any more than you are with the rest of the objects in your home! Change artwork regularly, either making your own or framing your children's, nieces' or nephews' for cost effectiveness. Either move statues around, store them if they aren't being used, give them away or sell them if you are now focusing on different areas.

Above all, look at your home objectively - if you are drowning in a sea of crystals, wind chimes, paintings, water features, soft furnishings and photos, it is time to start again!

*Inspirational Quotes*

The chains of habit are generally too small to be felt until they are too strong to be broken. ~*Samuel Johnson*

There is no point at which you can say, "Well, I'm successful now. I might as well take a nap." ~*Carrie Fisher*

The difference between try and triumph is a little umph. ~*Author Unknown*